

**FOUR-YEAR COURSE DISTRIBUTION PLAN**  
**Required Curriculum for Athletic Training**

**Year 1**

**Fall**

ENG	111	College English & Composition	3	
ETH	100	Foundations of Ethics	3	
FRS	111	Freshman Studies	0.5	
HIS	115	Survey of World Civilization	3	
HPE	113	Sports Technique & Motor Skills I	2	
HPE	221	Introduction to HPE	3	
MAT	111	General Mathematics	3	
				<b>17.5</b>

**Spring**

ATH	285	Supervised Experience in Athletic Training I: Intro to ATH/Observation	1	
BIO	211	General Biology	4	
ENG	112	Composition & Argument	3	
FRS	112	Freshman Studies Continued	0.5	
HPE	111	Personal Health & Safety	1	
HPE	114	Sports Technique & Motor Skills II	2	
MAT	113	Intermediate Algebra	3	
SSC	115	Introduction to Social Science	3	
				<b>17.5</b>

**Year 2**

**Fall**

ATH	286	Supervised Experience in Athletic Training II: Practicum	1	
BIO	371	Human Anatomy	4	
CIS	101	Introduction to Computers	3	
ENG	113	Composition & Research	3	
HPE	216	Terminology for Allied Health Profession	2	
PSY	201	Introduction to Psychology	3	
				<b>16</b>

**Spring**

BIO	372	Human Physiology	4	
COM	210	Public Speaking	3	
ETH	200	Concepts & Issues	3	
HPE	215	Intermediate Swimming	1	
HUM	200	Introduction to Humanities	3	
PHY	112	Physical Science	3	
				<b>17</b>

**Year 3**

**Fall**

ATH	378	Prevention & Care of Athletic Injuries	3	
ATH	378L	Prevention & Care of Athletic Injuries Lab	0	
ATH	385	Supervised Experience in Athletic Training III: Lower Extremity Evaluation	1	
CHE	212	General Chemistry	4	
ETH	300	Professional Ethics	3	
HPE	321	Motor Learning	3	
PSY	210	Human Development	3	
				<b>17</b>

**Spring**

ATH	379	Therapeutic Modalities	3	
ATH	485	Supervised Experience in Athletic Training IV: Upper Extremity Evaluation	1	
HPE	373	Physiology of Exercise	3	
HPE	373L	Physiology of Exercise Lab	0	
HPE	374	Kinesiology & Human Movement	3	
HPE	374L	Kinesiology & Human Movement Lab	0	
HPE	376	Therapeutic Exercise	3	
HPE	472	Testing & Measurements in Allied	3	
				<b>16</b>

**Year 4****Fall**

ATH	493	Supervised Experience in Athletic Training V: Clinical Experience	4	
BIO	493	Neuroanatomy	4	
HPE	375	Kinesiotherapy I	3	
PSY	304	Abnormal Psychology	3	
				<b>14</b>

**Spring**

ATH	380	Clinical Evaluation of Athletic Injuries & Pharmacology	3	
ATH	494	Supervised Experience in Athletic Training VI: General Medical	1	
HPE	423	Adapted P.E., KT, REC & TRC	3	
HPE	424	Kinesiotherapy II	3	
HPE	432	Organization & Administration of HPER	3	
				<b>13</b>

**Total hours required for graduation = 128**