

**SHAW UNIVERSITY
RALEIGH, NC**

SYLLABUS

SPORTS TECHNIQUES & MOTOR SKILLS II

SPRING 2006

HPE 114 01 T/TH

1:00 PM – 2:20 PM

SPAULDING GYM

INSTRUCTOR: Mr. T. Marriott

OFFICE LOCATION: RM #17 OLD EDU. BLDG.

OFFICE HOURS: T/TH 11:00 AM – 1:00 PM & 3:00 PM – 4:00 PM

M-W 3:00 PM – 4:00 PM

FRIDAY (BY APPT. ONLY)

PHONE: (919) 546-8394 FAX: (919) 743-4693

Student Classroom Decorum Expectations

To enhance the learning atmosphere of the classroom, students are expected to dress and behave in a fashion conducive to learning in the classroom. More specifically, students will refrain from disruptive classroom behavior (**i. e., talking to classmates, disrespectful responses to teacher instructions; swearing; wearing** clothes that impede academic learning such as but not limited to, wearing body-revealing clothing and excessively baggy pants; hats/caps, and/or headdress. Students will turn off telephones prior to entering the classroom. Students who exhibit the behaviors described above, or similar behaviors will be immediately dismissed from class at the third documented offense. The student will be readmitted to class only following a decision by the department chair. The student may appeal the decision of the department chair to the Dean of the College offering the course, and, subsequently, to the Office of the Vice President for Academic Affairs, and then to the President of Shaw University. The decision of the President will be final. Failure to follow the procedures herein outlined will result in termination of the appeal, and revert to the decision of the department chair.

Each behavior construed by the teacher/professor as noncontributive to learning will be recorded, properly documented, and appropriately reported to the student and to the chair of the academic department offering the course. The report will be in written form with a copy provided to both the student and the department chair. The faculty member should retain a copy for his/her own records.

Additional student behavior codes may be found in Student Affairs.

Required Text: Schmottlach, N. and McManama, J. (2002), Physical Education Activity Handbook.

Course Description

This course is designed to provide a common medium for Education, Adapted Physical Education and Kinesiotherapy, Athletic Training, Recreation, and Therapeutic Recreation majors to learn basic motor skills in a variety of sports Skills that are germane to their areas of concentration.

General Objective

To enable students majoring in Kinesiotherapy, Athletic Training, Recreation, and Therapeutic Recreation to improve their knowledge and motor skills in a variety of Sports related activities and techniques of teaching the acquired skills.

BEHAVIORAL OBJECTIVES:

Upon successful completion of this course, the student will be able to:

- 1. List and explain the various domains of education, and other related allied health areas.**
- 2. List and explain various techniques of learning motor skills**
- 3. Explain motor abilities.**
- 4. Explain motor control theories.**
- 5. Classify motor skills.**
- 6. Perform a minimum level of basic sports skills.**
- 7. Demonstrate acceptable levels of competency in motor skills techniques through cognitive and skills tests.**
- 8. Demonstrate good sportsmanship and ethical character.**

COURSE OUTLINE

- A. An overview of the course of sports techniques and motor skills.**
- B. Motor skills and abilities.**
- C. Motor abilities**
- D. The measurement of motor performance**
- E. Introduction to motor control.**
- F. Introduction to motor skill learning.**
- G. Attention and memory.**

EVALUATION

Class participation and class attendance **25%**
Each student will be required to wear a Shaw University Physical Education Department Uniform. The uniform consists of gym pants and a tee shirt. In addition, each student will wear white socks and tennis shoes. Do not wear any head gear during class (hats, caps, rags, etc.).

Skill test and/or written test **25%**

Completion of all assignments **25%**
Each student will be required to submit a research report on a physical education topic approved by the instructor. The report will consist of a minimum of (5) pages (not including the title page, bibliography, and/or cover sheet). Each student will be required to go to the library to do his/her research.

Final Examination **25%**

Total **100%**

Final Grading Scale

- A 90% and above**
- B 80% - 89%**
- C 70% - 79%**
- D 60 - 69%**
- F Below 60%**