

## SYLLABUS

Course Number: 285

Name: Supervised Experience in Kinesiotherapy

Spring Semester 2007

HPE 285/Continuation in Athletic Training

Days: Thursday

Office: Tupper

Time: 12:00

Instructor: J Palmer

Office Locator: Gym

Office hours MWF: 7-8, 1-2, TTH: 7-8, 11-12

Office Phone: 546-8208

### **Classroom Rules/Expectations:**

To enhance the learning atmosphere of the classroom, students are expected to dress and behave in a fashion conducive to learning in the classroom. More specifically, students are to refrain from wearing clothes that impede academic learning such as but not limited to, wearing body-revealing clothing and excessively baggy pants; hats/caps head caps. Students will turn off telephones prior to entering the classroom. Students who exhibit the behaviors described above, or similar behaviors will be immediately dismissed from the class at the third documented offense. The student will be readmitted to class only following the decision by the department chair. The student may appeal the decision of the department chair to the Dean of the College offering the course, and, subsequently, to the Vice President of Academic Affairs, and then to the President of Shaw University. Third decision of the President will be final. Failure to follow the procedures herein outlined will result in termination of the appeal, and revert to the decision of the department chair.

### **Course Description**

This Course is designed to provide students with the opportunity to observe training room activities and injury evaluation during sport activities. Students will observe the proper use of physical modalities, therapeutic exercise, record keeping, SOAP notes, and training room management. Students will perform elementary taping and apply basic modalities, learned in HPE 285, under the supervision of a certified Kinesiotherapist.

### **Behavior Objectives:**

Students will perform demonstrate knowledge of the course requirement and internships requirements for AKTA certification.

Students will recite or demonstrate in writing the general history of Kinesiotherapy.

Students will discuss the function of the AKTA, and CAAHEP.  
Students will observe the proper use of all training room modalities.

Students will write four 2 page reports/articles in sport medicine journals.

Students will perform basic taping and wrapping techniques for the ankle and wrist.

Students will describe the proper use of ice therapy; indications, contraindications, duration, application, and frequency.

Students will observe training room activities for 50-100 hours and write report on their observations.

#### **EVALUATION**

Papers-----20%  
Exam # 1-----20%  
Exam # 2-----20%  
Observations—20%

#### **GRADING:**

A---Excellent 1  
B---GOOD 2  
C---Average 3  
D---Poor 4  
F--Very Poor 5